

CORPORATE PARENTING BOARD – October 2018

Title of paper:	Improving and achieving good outcomes for Nottingham City's Children In Care emotional and mental health	
Director(s)/ Corporate Director(s):	Helen Blackman – Director, Children's Integrated Services Directorate	Wards affected: City-wide
Report author(s) and contact details:	Matthew Jenkins, Team Manager, CAMHS CLA Team Aileen Wilson, Head of Early Help Services	
Other colleagues who have provided input:	Stuart Round, CAMHS CLA Specialist. Susan Spittal, Business Support Officer	
Date of consultation with Portfolio Holder(s) (if relevant)		
Relevant Council Plan Key Theme:		
Strategic Regeneration and Development		<input type="checkbox"/>
Schools		<input type="checkbox"/>
Planning and Housing		<input type="checkbox"/>
Community Services		<input type="checkbox"/>
Energy, Sustainability and Customer		<input type="checkbox"/>
Jobs, Growth and Transport		<input type="checkbox"/>
Adults, Health and Community Sector		<input type="checkbox"/>
Children, Early Intervention and Early Years		X
Leisure and Culture		<input type="checkbox"/>
Resources and Neighbourhood Regeneration		<input type="checkbox"/>
Summary of issues (including benefits to citizens/service users):		
<ul style="list-style-type: none"> • To provide an update on the develop and implementation of an offer from the Children and Adolescent Mental Health Service (CAMHS) to all who support Children in Care to ensure there is an effective strategy in place to enable placement stability and permanency in which a child or young person can thrive. 		
Recommendation(s):		
1	<p>To continue to develop an offer in line with the countywide CAMHS transformation plan (as set out in the national Future in Mind Report) and the Directorate Plan for Children in Care to ensure appropriate and timely access to support. This will be achieved through:</p> <ul style="list-style-type: none"> • Inclusion in the planning for additional residential capacity for complex children and young people within the city. • Completion of the national performance measures, Routine Outcome Measures and Revised Childrens Anxiety & Depression Scale to evidence the effectiveness of support for all children and young people and ensure that the voice of the child is at the heart of the support • Participation in the development of a trauma informed service to improve the awareness, knowledge and skills around the impact of developmental trauma to better support children, young people and their networks • Participation in the Learning and Development offer to the Directorate workforce to share the experience, knowledge and skills within this hybrid team 	

Ensure that all of the paragraphs in the sections of the report are numbered as below

1 REASONS FOR RECOMMENDATIONS

- To ensure that this specialist resource of clinicians and therapeutically trained social workers is used to maximum impact on outcomes for the Children in Care cohort
- To ensure that the work of this team is closely aligned to the fast pace of change in looked after strategies and to ensure the service is operated within budget
- To ensure that the Local Authority and the Health Trust leads are provided with the management information required to demonstrate that adequate governance, inform planning and development and demonstrate that the service is making a difference to children and young people in a range of care settings.

The CLA CAMHS team is jointly funded and governed by Nottingham City Council and Greater Nottingham Clinical Commissioning Partnership. The team consists of 1 Team Manager, 1 Mental Health Specialist, 5 Specialist Social Workers, 1 psychiatrist, 1 psychologist and a community health nurse, who provide specialist and clinical assessments and deliver therapy based advice and guidance in addition to direct therapeutic work.

.Although the integrated model brings some challenges around organisational accountability, there are significant positives:

- An integrated model brings the skills, knowledge and expertise of a multidisciplinary team offering different skills and expertise (the team employs health staff including a psychiatrist, a psychologist and a nurse specialist as well as specialist social work practitioners, with Health staff receiving clinical governance through their employment in Nottinghamshire Healthcare Foundation Trust).
- Children and young people who are looked after receive a service, which is tailored to meet their needs and improves joint working between CAMHS, social care and education services to address complex behaviour patterns.
- An acknowledgement that children and young people in care are likely to have experienced trauma and can struggle with learning and social relationships. The team aims to improve responses to this throughout the networks supporting children and young people

2 BACKGROUND (INCLUDING OUTCOMES OF CONSULTATION)

Performance update : See Appendix 1 for detailed data

The operating guidance for this team has been reviewed and revised with all colleagues. This has led to improved throughput of work through adherence to timescales for assessed and planned work. The guidance will be evaluated for sign off at the quarterly review in October 2018.

Governance Reviews

The last 2 joint quarterly reviews have had to be cancelled due to absence of a governance lead. The next one will take place in October 2018.

A Clinical Commissioning Group Quality Visit was undertaken in May 2018.

Context to visit (taken from the feedback report)

The quality visit was planned to complement the insights and intelligence about the Children Looked After service, CAMHS provision, which is jointly commissioned by Nottingham City Clinical Commissioning Group and Nottingham City Local Authority. Currently, this service does not have an individual service review but is monitored as part of the large mental health contract (adults and children) from a CCG perspective. Consequently, it is imperative that we ensure that the Childrens element of the large contract is not lost with an emphasis on what mental health services are being made available to children who are looked after.

In particular, the following key lines of enquiry were a focus:

- *What is going well*
- *What are the main challenges and areas for development?*
- *Workforce; capacity, training, safeguarding and morale*
- *Service structure; links to local health provision and future plans*
- *Quality; child focused, outcome measures, effectiveness of model followed.*
- *Partnership; relationships between healthcare and L.A colleagues within the service and different providers, interface with the care leavers team*

What's working well:

- The quality of the assessments are very high – the voice of the child is clear within the preselected records reviewed and anecdotal information imparted from the team.
- There is evidence of reflection within the service, and there is a reassuring level of awareness within the team of the relative strengths and areas for development – there is openness to new ways of working, and the team were keen to share ideas for how improvements can be made.
- The service currently use a model with young people where 'therapeutic' support is provided to the young person through the carer; following the carer having a consultation with the service. The service were keen to convey that this model is flexible and they will always have a consultation session with the young person where required.
- The team were keen to convey that the current team manager has strong leadership and management skills and they clearly value the support they have received from him. There is lots of supervision, both specialist and peer supervision.

Recommendations:

- Strengthen relationships between the service and Social Work colleagues.
- Strengthen and development of pathways with the leaving care team.
- Review the current staffing model; nurse specialist post and recruitment to the existing vacant therapy post.
- Review how outcome measures are used and how they can be improved.
- Commissioners and service leads to review the mental health provision for looked after children/young people who are placed in Nottingham City from another area and children/young people who originate from Nottingham City who are placed out of area.

The responses to all of these recommendations are currently in development.

3 OTHER OPTIONS CONSIDERED IN MAKING RECOMMENDATIONS

None

4 FINANCE COMMENTS (INCLUDING IMPLICATIONS AND VALUE FOR MONEY/VAT)

There are no direct financial implications or value for money issues arising from this report

5 LEGAL AND PROCUREMENT COMMENTS (INCLUDING RISK MANAGEMENT ISSUES, AND LEGAL, CRIME AND DISORDER ACT AND PROCUREMENT IMPLICATIONS)

None

6 STRATEGIC ASSETS & PROPERTY COMMENTS (FOR DECISION RELATING TO ALL PROPERTY ASSETS AND ASSOCIATED INFRASTRUCTURE) (AREA COMMITTEE REPORTS ONLY)

None

7 EQUALITY IMPACT ASSESSMENT

7.1 Has the equality impact of the proposals in this report been assessed?

No

X

An EIA is not required because this report does not contain proposals or financial decisions

8 LIST OF BACKGROUND PAPERS OTHER THAN PUBLISHED WORKS OR THOSE DISCLOSING CONFIDENTIAL OR EXEMPT INFORMATION

Nottingham City Council Children's Integrated Services Plan 2018/19

9 PUBLISHED DOCUMENTS REFERRED TO IN COMPILING THIS REPORT

PH28 Looked After Children & Young People National Institute for Health and Care Excellence (NICE) October 2010, modified 2013

Future in Mind: Promoting, protecting and improving our children and young people's mental health and wellbeing (Department of Health, 2015)